

St. Luke's Sports Medicine Cycling/LRC Invites You To Join Us At Our 2017 Cycling Club Membership Drive & Party



When: 6:30 to 9:00p.m. Wednesday, October 19, 2016

Where: Reed Cycle 238 E. State St. Eagle Idaho

What's happening: Come meet everyone interested in joining the valley's largest team and club! There will be a Fit Kit to see and try on the **Voler custom** line of cycling gear. We will be signing up and renewing members, answering questions, talking about the 2016 charity ride, tour and race calendars, and talking about whatever else you have on your mind.

SMOKIN HOT!! CLUB PARTY SALE PRICES FROM



Who Should Come?

Current Club Members
Community Bike Ride Riders
And



- Cyclists of any size, shape, age or ability who enjoy riding a bike
- Multisport competitors/Triathletes and those who wish to compete in multisport events
- Charity ride cyclists
- Cyclists who may want to compete in races
- Cyclists who want to improve riding techniques & training
- Cyclists who are looking for a group of people to ride with



Bring a friend who enjoys cycling also!

Free Food & Drinks
Including Treats From
Big City Coffee & Cafe

Members Get:

- Bike Travel boxes available for use free of charge
- Free participation in CAT UP. SLSM/LRC's focused group training for cycling skills and fitness
- Members list serve for planning rides and sharing information
- Multiple Weekly road and mountain bike club group rides during the season (year round Sun.)
- LRC custom Cycling gear at lowest cost -- learn about the LRC On-Line Store
- E-mailed updates on upcoming events
- Support from SLSMC Team and Club members
- Improved performance by training with other cyclists-**Health & Fitness seminars**
- To learn about new trails and roads

Check out the
Raleigh
Wilier, Yeti
Bikes
Including 2016 models

If you are out of town 10-19 but you still want to join...

- Contact Club coordinator, Tyler Welshimer, at 466-1818 or e mail at norba@clearwire.net or lrc_board@lycos.com. Or Check our website www.lostrivercycling.org
- **Second Chance Sunday, 10 to 11 am. Sign up and Fit Kits Available at Big City Coffee and Café, 1416 W Grove., Sunday October 23.**

The SLSMC/LCC online gear store should OPEN with Sleek New 2016 Voler gear on 10-19 It will close on 10-30

\$5 Club Membership with Riding Gear Purchase