

St. Luke's Sports Medicine/Lost River Cycling Invites You To Join Us At Our 2013 Cycling Club Membership Drive & Party



When: 6:30 to 9:00p.m. Thursday, Nov. 1, 2012

Where: Reed Cycle 238 E. State St. Eagle Idaho

What's happening: Come meet everyone interested in joining the valley's largest team and club! There will be a Fit Kit to see and try on the **Pactimo custom** line of cycling gear. We will be signing up and renewing members, answering questions, talking about the 2013 charity ride, tour and race calendars, and talking about whatever else you have on your mind. **(If you have a laptop with wireless capabilities bring it)**

***SMDKJN HDJ!!* CLUB PARTY SALE PRICES FROM**



Who Should Come?

**Current Club Members
Community Bike Ride Riders
And**



- Cyclists of any size, shape, age or ability who enjoy riding a bike
- Multisport competitors/Triathletes and those who wish to compete in multisport events
- Charity ride cyclists
- Cyclists who may want to compete in races
- Cyclists who want to improve riding techniques & training
- Cyclists who are looking for a group of people to ride with

Bring a friend who enjoys cycling also!

Members Get:

- Bike Travel boxes available for use free of charge
- Free participation in CAT UP. SLSM/LRC's focused group training for cycling skills and fitness
- Members list serve for planning rides and sharing information
- Multiple Weekly road and mountain bike club group rides during the season (year round Sun.)
- LRC custom Cycling gear at lowest cost -- learn about the LRC On-Line Store
- E-mailed updates on upcoming events
- Support from LRC Team and Club members
- Improved performance by training with other cyclists-*Health & Fitness seminars*
- To learn about new trails and roads
- Discounts at other LRC Sponsors

***Free Food & Drinks
Including Treats From
Big City Coffee & Cafe***

Check out the
**Raleigh
Wilier, Orbea, Yeti
& Diamond Back
Bikes**
Including 2013 models

If you are out of town 11-1 but you still want to join...

- Contact Club coordinator, Tyler Welshimer, at 466-1818 or e mail at norba@clearwire.net or lrc_board@lycos.com. Or Check our website www.lostrivercycling.org
- **Second Chance Sunday, 10 to 11 am. Sign up and Fit Kits Available at Big City Coffee and Café, 1416 W Grove., Sunday November 4.**

The SLSM/LCC online gear store will OPEN with *Sleek New 2013 gear* on 11-1

You can and should set up your Pactimo access Now --Go to the website: <http://www.pactimo.com> *
Click on the "Custom Team Apparel" link and then click on the "Team Store" link

Password is **lostriver**. Create your personal access and password* You will receive an email asking you to **confirm*** your new account. When the store opens you are ready to go.