

# Intermountain Orthopaedics/Lost River Cycling Invites You To Join Us At Our 2011 Cycling Club Membership Drive & Party



Home of the  
Intermountain  
Orthopaedics  
Specialists in advanced musculoskeletal care  
Cycling Race Team

**When:** 6:30 to 9:00p.m. Tuesday, October 19, 2011

**Where:** Reed Cycle 238 E. State St. Eagle Idaho

**What's happening:** Come meet everyone interested in joining the valley's largest team and club! There will be a Fit Kit to see and try on the **Pactimo custom** line of cycling gear. We will be signing up and renewing members, answering questions, talking about the 2011 charity ride, tour and race calendars, and talking about whatever else you have on your mind. **(If you have a laptop with wireless capabilities bring it)**

## **SPECIAL IO/LRCC CLUB PARTY SALE PRICES FROM**

### **Who Should Come?**

**Current IO/LRCC Members**

**Community Bike Ride Riders**

**And**

- Cyclists of any size, shape, age or ability who enjoy riding a bike
- Multisport competitors/Triathletes and those who wish to compete in multisport events
- Charity ride cyclists
- Cyclists who may want to compete in races
- Cyclists who want to improve riding techniques & training
- Cyclists who are looking for a group of people to ride with



**Free Food & Drinks**  
**Including Treats From**  
**Big City Coffee & Cafe**

**Bring a friend who enjoys cycling also!**

### **Members Get:**

- Bike Travel boxes available for use free of charge
- Members list serve for planning rides and sharing information
- Multiple Weekly road and mountain bike club group rides during the season (year round Sun.)
- LRC custom biking clothing at basic cost -- learn about the LRC On-Line Store
- E-mailed updates on upcoming events
- Support from LRC Team and Club members
- Improved performance by training with other cyclists-**Health & Fitness seminars**
- To learn about new trails and roads
- Discounts at other LRC Sponsors

Check out the  
**Raleigh**  
**Wilier, Orbea, Yeti**  
**& Diamond Back**  
**Bikes**  
Including 2011 models

### **If you are out of town 10-19 but you still want to join...**

- Contact Club coordinator, Tyler Welshimer, at 466-1818 or e mail at [norba@clearwire.net](mailto:norba@clearwire.net) or [lrc\\_board@lycos.com](mailto:lrc_board@lycos.com). Or Check our website [www.lostrivercycling.org](http://www.lostrivercycling.org)
- **Second Chance Sunday, 10 to 11 am. Sign up and Fit Kits Available at Big City Coffee and Café, 1416 W Grove., Sunday October 24.**

**The IO/LRCC online store is OPEN with 2011 gear**

**You can and should set up your Pactimo access Now** --Go to the website: <http://www.pactimo.com> \*  
Click on the "Custom Team Apparel" link and then click on the "Team Store" link

Password is **lostriver\*** Create your personal access and password\* You will receive an email asking you to **confirm\*** your new account. When the store opens you are ready to go.

**NEW in 2011 Triathlon Specific clothes and Running Jerseys from Pactimo**