



GARDEN CREEK GAP ROAD RACE

IDAHO STATE ROAD RACE CHAMPIONSHIP

LANCE ARMSTRONG JUNIOR RACE SERIES EVENT

- USA Cycling Permit 2010-491
- UCA Point Series Race
- SWICA Points Race

PRESENTED BY THE
IDAHO KIDNEY INSTITUTE

- Idaho State Road Race Championship
- Chief Referee: George Knight

SATURDAY, MAY 29TH, 2010
ARIMO, IDAHO (EXIT 40)

CLASS	START TIME	DISTANCE	LAPS #	PLACES	PRIZES
MEN PRO/1/2	10:00	75 MILES	3	5	\$500
MEN CAT 3	10:05	75 MILES	3	3	\$175
*MASTERS 35+ A & 45+A	10:10	75 MILES	3	3	\$125
MEN CAT 4	10:15	50 MILES	2	3	\$100
MASTERS 35+ B (CAT 3/4/5)	10:20	50 MILES	2	3	MEDALS
➤MEN MASTERS 45+ B(CAT 3/4/5) & 55+	10:25	50 MILES	2	3	\$80 / \$50
WOMEN 1/2/3	10:30	50 MILES	2	3	\$200
WOMEN 3/4/MASTERS 35+	10:35	25 MILES	1	3	\$50

WOMEN CAT 3 CAN RACE EITHER WITH THE 1/2S OR 4S

*MEN'S MASTERS 45+ A (CAT 1,2) WILL RACE WITH 35+ A

➤MEN'S MASTERS 45+ WHO ARE CAT 3 CAN RACE EITHER 35+ A OR MEN'S MASTERS 45+ B (CAT 3,4,5)

➤MEN'S MASTERS 55+ WILL RACE WITH 45+B, BUT WILL BE SCORED SEPARATELY AND HAVE SEPARATE PRIZE MONEY

MEN CAT 5	1:55	50 MILES	2	3	MEDALS
+MEN CAT 5 (GROUP 2 IF 1 ST FIELD FILLS)	2:00	50 MILES	2	NONE	NONE
JR. MEN 17-18	2:05	50 MILES	2	3	MEDALS
MASTERS 65+	2:08	25 MILES	1	3	MEDALS
CITIZEN FUN RIDE (18+ MEN AND WOMEN)	2:12	25 MILES	1	0	NONE
JR. MEN 15-16	2:15	25 MILES	1	3	MEDALS
JR. WOMEN 17-18	2:20	25 MILES	1	3	MEDALS
JR. WOMEN 15-16	2:25	18 MILES	3/4	3	MEDALS
JR MEN 10-12 AND 13-14	2:30	12 MILES	1/2	3	MEDALS
JR WOMEN 10-12 AND 13-14	2:35	12 MILES	1/2	3	MEDALS

* TO BE CONSIDERED FOR MEDALS AND CAT 5 STATE CHAMPION — YOU MUST BE IN THE FIRST GROUP SO PREREGISTER!! SOME JUNIORS RIDE TOGETHER BUT ARE SCORED SEPARATELY IN STANDARD UCA AGE CLASSES

JUNIORS RACING LESS THAN ONE LAP WILL HAVE A NEUTRAL ROLLING START UNTIL INDICATED BY THE OFFICIAL

Directions to the Race:

Take I-15 to Arimo (about 30 miles south of Pocatello). Take exit 40 and go WEST approximately 8 miles to the top of Garden Creek Gap.

Course Description:

This is a rider's course: 25-mile lap with an incredible 3-mile climb through Garden Creek Gap (5-9%) grade. All classes will do the number of full laps listed above up the climb for a MOUNTAIN TOP FINISH!

Feed Zone:

There is NO NEUTRAL feed. Bring your own feeder.

Feed zone will be at the top of the climb 8.4 miles into the course at the finish line.

Numbers: On the RIGHT side of the jersey.

Web site: www.idahocycling.com

Prizes

- ❖ Championship medals (gold, silver and bronze) for Idaho citizens for all categories
- ❖ Winners have the option of PURCHASING a state championship jersey (SWICA)
- ❖ Bike swag for junior & cat 5

Registration Information

Entry Fees:

- Citizen Fun Ride – FREE ENTRY (must purchase 1-day USAC license for \$10)
- \$10 Juniors
- \$30 all other classes
- Late fee: \$10 for Saturday registration

Register on line at <https://new.sportsbaseonline.com/index.xhtml>

REGISTRATION opens at 8 AM and closes 30 minutes prior to each class start Saturday, May 29th at the top of the Garden Creek Gap.

NO MAIL IN REGISTRATION

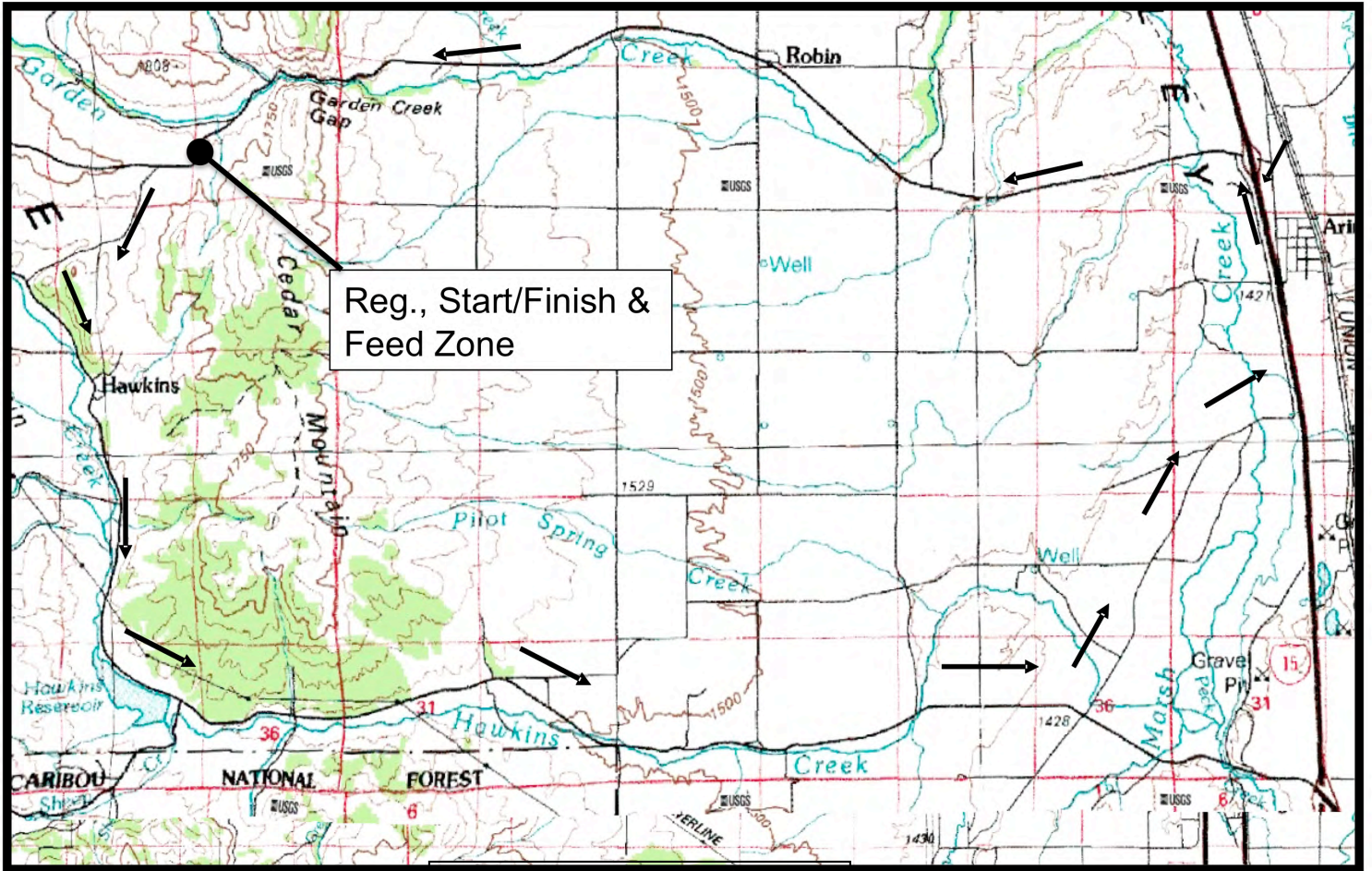
For more information, contact Sam at 208-232-2054 (sam@kriegcycling.com) or Dave at 208-241-0034 (dmhachey@gmail.com)



IDAHO KIDNEY
INSTITUTE LLP



Garden Creek Gap RR Course—Take I-15 Exit 40 to the start.



Reg., Start/Finish & Feed Zone

Start/Finish and Feed

