

Intermountain Orthopaedics/Lost River Cycling Invites You To Join Us At Our 2009 Cycling Club Membership Party



When: 6:30 to 9:00p.m. Wednesday, October 8



Home of the
Intermountain
Orthopaedics
Specialists in advanced musculoskeletal care
Cycling Race Team

Where: Reed Cycle 238 E. Main Eagle Idaho

What's happening: Come meet everyone interested in joining the valley's largest team and club! There will be a Fit Kit to see and try on the **NEW Pactimo** line of cycling gear. You can get special pre-season prices. We will be signing up new members, answering questions, talking about the 2008 race calendar, and talking about whatever else you have on your mind. **Free Food & Drinks. If you have a laptop with wireless capabilities bring it ... you'll see why :)**

SPECIAL PARTY SALE PRICES FROM REED CYCLE

Who Should Come?

- Cyclists of any size, shape, age or ability who enjoy riding a bike
- Cyclists who may want to compete in races
- Cyclists who would like to help with races
- Cyclists who want to improve riding techniques, training
- Cyclists who are looking for a group of people to ride with
- All current Lost River Team and Club riders!

Bring a friend who enjoys cycling also!

Members Get:

- Membership in Life Flight for no cost to you emergency Helicopter transportation
- Multiple Weekly road and mountain bike club group rides during the season
- LRC custom biking clothing at basic cost **NEW**, learn about the LRC On-Line Store
- E-mailed updates on upcoming events
- Support from LRC Team and Club members
- Improved performance by training with other cyclists
- To learn about new trails and roads
- To travel with other cyclists to road and mountain bike races across the West and in Canada
- Discounts at other LRC Sponsors

Check out the
Raleigh
Wilier, Orbea, Yeti
& Diamond Back
Bikes
Including 2009 models

And Check Out the
Expansion of the
Reed Cycle

If you are out of town 10-8 but you still want to join...

- Contact Club coordinator, Tyler Welshimer, at 466-1818 or e mail at norba@clearwire.net or lrc_board@lycos.com.
- **Second Chance Sunday**, 10 to 11 am. Sign up and Fit Kits Available at Big City Coffee and Café, 1416 W Grove., Sunday October 12.
- **Visit the NEW IO/LRC online store that will open ON the evening of October 8. Details to COME.**

LRC thanks all its sponsors including:



, St. Alphonsus Life Flight, Boise Co-Op, Reed Cycle & Ski, Big City Coffee & Café, Gray & Smith Family Dentists Holzer ♦ Edwards, Chtd. injury lawyers, Raleigh Cycles, Bell Helmets, Welshimer Wheels, DeFeet and Physio Training Center