

**Membership form--2008**



# Join IOC/LRCC

*Intermountain Orthopaedics Cycling/Lost River Cycling Club is for road and mountain bikers who desire to ride on a regular basis. We encourage ALL people who ride a bike to join. Some join for casual riding with other members, some to ride with a group during our scheduled club rides, some to significantly improve their riding technique. We have many club members who race their bikes.. Annual dues are \$35 if you do not buy custom gear during our fall membership drive. Help us get to know you by completing and returning this form.*

**Your Name:** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **e mail:** \_\_\_\_\_  
(For List Serve)

**Work Phone:** \_\_\_\_\_ **e mail:** \_\_\_\_\_

**Occupation:** \_\_\_\_\_

**Type of Bike(s):** \_\_\_\_\_

**I'd like (or be willing) to:**

- Ride with a Group for fun or fitness** \_\_\_\_\_ (Road) \_\_\_\_\_ (MTB)
- Ride Century or Overnight Tours** \_\_\_\_\_ (Road) \_\_\_\_\_ (MTB)
- Host Scheduled Rides Regularly** \_\_\_\_\_ (Road) \_\_\_\_\_ (MTB)
- Host Scheduled Rides Occasionally** \_\_\_\_\_ (Road) \_\_\_\_\_ (MTB)
- Develop My Cycling Skills** \_\_\_\_\_ (Road) \_\_\_\_\_ (MTB)
- Meet people to ride with on our own schedule** \_\_\_\_\_ (Road) \_\_\_\_\_ (MTB)
- Help putting on Race** \_\_\_\_\_ (Road) \_\_\_\_\_ (MTB)
- Other** \_\_\_\_\_

*For more information, contact Tyler Welshimer at 466-1818 -norba@clearwire.net  
5320 E. Lewis Ln, Nampa, ID 83686. [www.lostrivercycling.org](http://www.lostrivercycling.org) for us on the web*

Getting people to serve as ride hosts is what makes the group rides work. If you would like to start up a regular ride, Mtn or Road, please let us know.

New Club Member Benefit for 2008 1 year membership in Emergency Helicopter Transport with your membership if signed up by December 10