

Intermountain Orthopaedics Idaho State Road Race Championship

Saturday, August 25, 2007

Start Line Melba Senior Center. Take Hwy 45 South from Nampa. Turn left on Melba Road to Southside, Turn right on Southside, Right at the T, immediate left on Potato Road to the Senior Center parking lot on Baseline

Race Course:

Start on Baseline road in Melba At the Melba Senior Center

Roll neutral East to Can Ada

Left on Can Ada -Start racing & start opening loop

Right on Dickman

Veer left to Robinson Road

Right on Kuna Cave Road

Right on Swan Falls Dam Road

Right on Victory Road (it curves and becomes Warren Spur)

Left on Robinson Road (please take care in this corner)

Right on Halverson Road

Right on Can Ada to Warren Spur (end opening loop 1) (for more opening loops go straight and repeat)

(Finish Loops) (Approx 9 Miles)

Left on Warren Spur

Follow Warren Spur as it becomes Hill Rd

Finish line is 1K north of the intersection of Hill and Ferry

(Finish loops to go **commence** as riders pass the finish line the first time)

Right Butte Road

Right on Southside

Left on Glendale

Right on Can-Ada

Right on Warren Spur (repeat)



Non-Neutral Feed 1 is on Kuna Cave Road and Feed 2 is on Butte Road Near Powerline Road. Feed zones are open at all times for all races. Neutral water should be available at Feed 1 for races with more than 1 lap and at Feed 2 after 10:00 am

Categories/Start times/Approximate race distances

8:30am Men 4/5 1 opening loop+ 3 finish loops (56 miles)

8:35am Women 1/2/3 1 opening loop +3 finish loops

Men Master B 35+ (cats 3/4/5)

8:40am Juniors, M & W 15-18 1 opening loop + 1 finish loop (38 miles)

***8:45am** Women 3/4 1 opening loop + 1 finish loop

Women Master 35+ -45+ - 55+(all cats)

Men Master 50+- 65+ (all cats)

8:50 am Juniors 10-15 Men and Women (15 miles)

Junior Short Course This group will make a right on Can-Ada at the end of the Neutral, right on Warren Spur through the finish line, right on Butte, right on Canyon and right on Warren Spur to the finish

9:30 am Men 3 2 opening loops+ 2 finish loops (74 miles)

9:45 am Men Master A 35+ (1/2/3) 2 opening loops+ 2 finish loops

9:55 am Men Pro 1 /2 3 opening loops+ 2 finish loops (100 miles)

Combined Fields scored separately
Wheel cars will be provided as available
Prizes - Medals for Top 3
Championship Jerseys for groups of 4 or more

Entry fee: Prior to August 17 \$30 for all except \$10 for juniors.

August 17 to August 23 \$35/\$15 Online registration closes August 23 www.sportsbaseonline.com

Day of Race Registration \$40/\$15. You can mail a standard 2007 USCA release with entry fee to: LRC 1516 W. Hays Boise, ID 83702 by Aug 17, (postmark). For more info 890-3118 or

lrc_board@lycos.com). Race registration closes 30 minutes before start time. Fields may be further combined. Racer must be USCA annual amateur licensed Idaho resident to win title. Pro license holders, non-Idaho residents and USCA road 1-day license holders may race but are not eligible for championship.

Presented by Lost River Cycling

USCA Permit 2007-1649

Chief Referee: George Knight

A SouthWest Idaho Cycling Association (SWICA) points series level 3 race

The Lost River Cycling Club is Sponsored by and Thanks Intermountain Orthopaedics Sports Medicine Center, St. Alphonsus Life Flight, Boise Co-op, BodyBuilding.Com, Reed Cycle & Ski, Big City Coffee & Café, Andrae's Restaurant Gray & Smith Family Dentists Holzer♦Edwards, Chtd. injury lawyers, Raleigh Cycles, Bell Helmets, Welshimer Wheels and Therapeutic Associates

*Any category in the 8:45 start may be separated out if there are more than 12 racers in that category. If 50+ men are separated out they will race 2 finish loops total of 47 miles