



**Intermountain Orthopaedics Idaho State
 Criterium Championships -- Sunday, August 27, 2006
 At the Idaho State Capital**

Race route:

Start/finish at Frank Steunenberg Statue in front of the Idaho State Capital.
 700 Jefferson Street in Downtown Boise
 Course will be L-shaped approximately 1K long and
 flat with mixed pavement. Course will run clockwise.

- Right turn on 5th Street
- Right turn on Main Street
- Right turn on 6th Street
- Left Turn Bannock
- Right turn on 8th Street
- Right turn on Jefferson

Categories/times:

- Entry fee: \$30 for all except \$10 for juniors.
- Start times:
- 9:00 a.m. – All Juniors, --25 min. + 5 laps
- 9:45 - Women 3/4, Women Masters 35+ & Men Masters 55+ --30 min. + 5 laps
- 10:40 - Cat 4-5 men --40 min. + 5 laps
- 11:30 - Women Cat 1/2/3, --40 min. + 5 laps
- 12:15 p.m –Cat 3, --45 min. + 5 laps
- 1:10 Master Men 35 +-40 min. + 5 laps
- 2:00 Master Men 45 +---40 min. + 5 laps
- 2:50 Pro/1/2 Men, 60 min. + 5 laps

Prizes: State Championship medals to top 3. State Championship jerseys to groups of 4 or more;
 \$100s of Dollars of Cash PREEMS

Send Standard USCF release with entry fee to: LRC, 1516 W. Hays Boise, ID 83702 by
 August 23 (postmark) to avoid \$10 late fee. www.sportsbaseonline.com
 Multiple crits \$10 per additional race For more info, contact Kurt Holzer at 890-3118
lrc_board@lycos.com RACE REGISTRATION closes 30 minutes before start time. Fields may be
 further combined. Combined fields scored separately. USCF annual amateur license required to win
 championship. Pro license holders, non-Idaho residents and USCF 1-day license holders may race but are
 not eligible for championship. USCF Permit 2006-750

2006 Idaho State Championship charity support goes to St. Alphonsus Life Flight

**Intermountain
 Orthopaedics
 Cycling/Lost River
 Cycling Club is
 Sponsored by**

- Intermountain
 Orthopaedics
- St. Alphonsus Life Flight
- Boise Co-Op
- BodyBuilding.Com
- Mtn States Medical
- Reed Cycles
- Parrilla Grill
- Big City Coffee
- Flipside Cafe
- Boise Weekly
- Boise Co-Op
- Gray & Smith Family
 Dentists
- Holzer, Edwards &
 Harrison, Chtd.
- Welsheimer Wheels
- Raleigh Cycles
- Bell Helmets
- Cateye Cycling Electronics
- Thomson
- Sock Guy
- Louis Garneau



Past support has gone to Garden City Community Clinic, The Lung Association of the Treasure Valley,
 The Idaho Food Bank, Hidden Springs Charter School, and The Idaho Brain Injury Foundation